



FEE SCHEDULE

Private Session Packages (1 trainer, 1 client)*

1 Session	\$74
5 Sessions	\$360 (\$72)
10 Sessions	\$700 (\$70)
20 and 30 Sessions	<i>please inquire</i>

Starter Pack	5 Sessions	\$299 (\$60)
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Private Preferred Packages **

4 Sessions/month	\$276/month (\$69)
8 Sessions/month	\$510/month (\$63.75)

Semi-Private (1 trainer, 2-4 clients)*

1 Session	\$53
5 Sessions	\$255 (\$51)
10 Sessions	\$480 (\$48)
20 and 30 Sessions	<i>please inquire</i>

Starter Pack	5 Sessions	\$199 (\$40)
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Semi-Private Preferred Packages **

4 Sessions/month	\$191/month (\$47.75)
8 Sessions/month	\$340/month (\$42.50)

Classes (2-7 Clients)*

1 Class	\$27
5 Classes	\$130 (\$26)
10 Classes	\$245 (\$24.50)

Starter Pack	5 Classes	\$79 (\$15.80)
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Class Preferred Packages

20 Classes	\$455* (\$22.75)
30 Classes	\$635* (\$21.66)
4 Classes/month	\$94/mo. (\$23.50) add'l classes \$19 each**
8 Classes/month	\$158/mo.(\$19.75) add'l classes \$14 each**

Nutrition Services

Nutrition Counseling with Registered Dietitian	\$85/hour
RMR Test (resting metabolic rate)	\$65 per test

**Paid in full packages expire 6 months from date of purchase.*

***Requires monthly auto-pay and 30 day written notice to cancel.*